



BlueCross BlueShield
of Vermont

Amwell

Amwell makes it easy for members to get the care they need, when they need it. And the best part is, visits are a covered benefit for most BlueCross Vermont members.

Members can sign up at www.bluecrossvt.amwell.com and download the mobile app so they can:

- ✔ **Visit with a doctor 24/7:** Members can visit with an urgent care doctor in minutes, anytime of the day or night. Doctors can assess conditions and send prescriptions to the pharmacy they select, if needed. They can provide care for issues like the flu, COVID symptoms, cough, fever, pink eye, UTI, skin rash, sinus infection, sore throat and more!
- ✔ **Talk with a therapist or psychiatrist:** Scheduled therapy visits are available 7 days a week for 45 minute sessions and can help members manage mental health issues including anxiety, depression and grief. Psychiatrists can also offer medication management.
- ✔ **Receive support for women's health:** You can get personalized women's health care and support with a virtual visit. Whether it's for contraceptives, perinatal care, or menopause, you can see a doctor from the comfort and privacy of home.
- ✔ **Talk with a registered dietitian:** Members may schedule a visit with a registered dietitian 7 days a week for personalized nutrition and weight management support. Dietitians can help with weight loss, digestive disorders, food allergies/intolerances, pre-diabetes/diabetes, high cholesterol and more!

Encourage members to register before they need care. Cost varies based on benefits but the member's actual cost will be shown before their visit begins.

Be sure to enter service key VERMONT when you sign up on Amwell!